Wath CofE Primary PE Assessment

Year 6

Expected outcomes:	Pupil notes:	
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 Create and structure motifs, phrases, sections and whole dances. 		
 Perform dances fluently and with control. 		
 Evaluate, refine and develop their own and others work. 		
Matching, Mirroring and Contrasting Partnerwork – matching and		
mirroring.		
 Different modes of travelling and exploring shapes and different 		
levels. Continuity of movement and changes of speed.		
Synchronisation and Canon (s + c) Partnerwork to understand s + c.		
 Floor and apparatus – explore s + c with different ways of 		
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partner.		
 over and under a partner stable base + moving base. Matching and 		
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	 Work creatively and imaginatively on their own and with a partner. Perform with expression and show clear understanding of the dance. Create and structure motifs, phrases, sections and whole dances. Perform dances fluently and with control. Evaluate, refine and develop their own and others work. Matching, Mirroring and Contrasting Partnerwork – matching and mirroring. Different modes of travelling and exploring shapes and different levels. Continuity of movement and changes of speed. Synchronisation and Canon (s + c) Partnerwork to understand s + c. Floor and apparatus – explore s + c with different ways of travelling, directions, parts of body, pathways and rhythm. Holes and Barriers Stretched and curled, contact and non-contact with partner. 	

	Net / Court / Wall Games Pupils now apply skills learnt to participate in		
	small—sided games of volleyball and / or tennis.		
	Children develop the range and quality of their skills when playing		
	games using racquets and hands.		
	Children explore the differences between the games and develop		
	specific skills and tactics.		
	Invasion Games – (Implement and Kicking) Pupils now apply skills learnt to		
	participate in small—sided games of hockey and or football.		
	Children develop skills and tactics under pressure and develop		
	team skills of cooperation and communication.		
	Children also improve their attacking and defending play, applying		
	skills and strategies to outwit opponents.		
Athletics	Develop techniques of:-		
	Drive and speed.		
	Running over obstacles and running longer distances.		
	Stride frequency and smooth relay take overs (upsweep and		
	downsweep)		
	Changing direction at speed.		
	 Throwing styles (shot and sling – discus) 		
	Pull throw – javelin		
	Jumping long + combination (triple jump)		
	• Jumping for height (scissor jump)		
Orienteering	Develop techniques of:-		
	Recapping and building on all the skills learnt so far		
	Head to head sprints.		
	Quick decision making.		
	Combine running speed with navigation skills under pressure of		
	time constraints.		
Overall pupil assess	sment		
Pupil working below	w age-related expectations Pupils working above age-related expectations		